



DIWALI CHARITY BALL

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SATURDAY 4TH NOVEMBER 2023



Ushering in a brighter tomorrow



Dear Friends,

I wish you and your families a very happy Diwali. May this auspicious festival of lights bring abundance and joy to you and your loved ones.

The festivities of Diwali usher in hope and the promise of a brighter and prosperous tomorrow. I am confident that in the days ahead, we will emerge stronger and rededicate ourselves to our goals.

The global transition to greener economies is poised to be mineral intensive. India is on a journey of rapid economic growth and the infrastructural boom will drive demand for metal and minerals. All our Vedanta businesses are prepared for the future, and we are determined to create value for all stakeholders involved.

My unwavering belief is that we are all trustees of wealth and for the greater good, we must give back to society. My firsthand experience with hunger fuels my dream to ensure no child should go to the bed hungry. With this vision, we have established more than 6,000 Nand Ghars, the modernised Anganwadi centres that are working towards eliminating malnutrition and providing holistic healthcare with best-in-class early childhood education. We are committed to develop 29,000 such Nand Ghars with an aim to ultimately transform the lives of 70 million children below the age of 6 across 1.4 million anganwadis in India.

I am also delighted to announce that the recently held Vedanta Delhi Half Marathon has contributed 5 million nutritious meals for children as part of our #RunForZeroHunger movement. The resounding participation of more than 36,000 individuals has further solidified our commitment to achieving a hunger free India.

Let us come together and illuminate the lives of those in need, making this Diwali a season of giving and sharing. Once again, I extend my heartfelt wishes for a joyous and blessed Diwali to all.

Warm regards,

Anil

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Contents

Letter from the TRF Board	2
Programme	3
The Bollywood Co	4
TRF Diwali 2022	5
TRF Holi 2023	10
About TRF and its Vision	16
Mental Capacity and Legal Implications	30
Howzat! TRF Cricket Day	34
TRF Charity School Update	40



Diwali Message from the TRF Board



Varsha Dahad

Dear members, friends, family and well wishers,

As another year passes us and we congregate again this evening to celebrate, Team TRF would like to reach out to all of you with sincere, heartfelt thanks.



Rajesh Chechani

To know that we have your support, and encouragement expressed through your presence here, and acts of kindness demonstrated through your donations gives us strength to move forward.

Last year we visited our roots, this year we are stepping out to see the world with international performances in our “ Snowflake Soirée .”



Dinesh Choudhary

A new partnership with Yuva has been added to our existing charity portfolio in Rajasthan.

Our youth are at the heart of all our endeavours. We have and will work with them with renewed vigour and vision.



Shailja Agarwal

As someone famous has said “ Life is a gift, and it offers us the privilege, opportunity, and responsibility to give something back by becoming more.”

So let us get started....

Have a great evening.

Warm regards,

Team TRF



Bina Agarwal



Sandeep Tyagi

TRF Board 2023

Varsha Dahad Rajesh Chechani Dinesh Choudhary
Shailja Agarwal Bina Agarwal Sandeep Tyagi

Programme

- 18.00 Champagne Reception and Canapés
- 19.00 Ballroom Greetings and Welcome Address
- 19.30 The Bollywood Co
- 20.00 Starters
- 20.30 Entertainment and Performances
- 21.30 Main Course and Dessert
- 22.30 Tea and Coffee
- 22.45 Let's Dance — DJ and Music
- 01.00 Carriages



The Bollywood Co



The Bollywood Co (BollyCo) is a pioneering Dance & Creative Company formed in 2013 by Choreographer & Entrepreneur Nileeka Bose.

The Company is now home to over 25 esteemed South Asian Dancers & Choreographers.

BollyCo strives to showcase the best of South Asian Dance; from Classical to Modern. Their primary goal is to support dancers as well as musical talent. Artist Credits include: DJ Snake, Naughty Boy, Jaz Dhami, Guru Randhawa, Badshah and late Sidhu Moose Wala.



Celebrating 10 years in the Industry this year, BollyCo has also established itself as a leading Creative agency for Film & TV. Credits include: Eternals (Marvel Studios), Polite Society (Universal Pictures) & The Queen's Platinum Jubilee (ITV).

Alongside industry work, BollyCo is based at the Pineapple Dance Studios Covent Garden and offers a range of weekly public classes for all levels.



TRF Diwali 2022

The annual Diwali event of The Rajasthani Foundation was held on the 5th of November at Hilton Park Lane . The evening took us back to our roots in Rajasthan by renowned Sufi and Folk singer Mame Khan .

The mood was set for “Tunes from the Dunes” from the moment Mame khan in his powerful and mystical voice sang , “Kesariya Balam aao ni , padharo mhare desh”!

The musical evening continued with Mame Khan’s soulful signature songs which were a good mix of Sufi and Bollywood got the crowd up on their feet .

A beautiful and most elegant kathak performance by the very talented Jaina Modasia and Shyam Dattani who have been Asian category finalist of 2017 BBC Young Dancers enthralled the audience . Their graceful dance was appreciated and applauded by all .

We have been fortunate to receive continued presence of Shri Anil Agarwal and Kiran Agarwal who graced the occasion along with Mr G P Hinduja. We also had a very special guest amongst us that evening , well know Author, Diplomat and the Director of Nehru Centre Mr Amish Tripathi, who said a few words about his new connection to Rajasthan !



TRF Diwali 2022



Over the years TRF has become one big family where our Diwali event is eagerly awaited.

The Board members work really hard to bring the community together, promote our culture and fulfill its charitable commitments .



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We are also an integrated producer of cotton and synthetic spun yarns. We employ over 25,000 people worldwide (www.indorama.com).

TRF Holi 2023



Life is a colourful masterpiece,

Dyed with the colour of thoughts and deeds,

Where we are the painter, not the canvas

So, splash the colours of happiness

All light and dark, life's hues

Make life's canvas wonderful, vivid and vibrant too

There isn't a Hindu on the planet who doesn't know that Holi is one of our biggest festivals. Like a lot of the stories we have all heard since childhood, or even in the womb, Holi has always been about the win of good over evil, of light over darkness, of colours and masti, of mithais and friends and above all, of community. In today's world, Holi is so much more than just a festival of fun and frolic. It can have a much deeper meaning and impact on the young minds of today. As parents who belong to this middle generation between our parents and millennials, especially in the Indian diaspora, it is our duty and responsibility to inform our children of those same stories we heard in our family's bosom. These stories can have a much deeper meaning in today's world and give our children a grounding to deal with the challenges of living in this constantly evolving world.



HOLI 2023

The month was March and the temperature was frigid but we all turned up in droves to enjoy this very important community festival. The grounds of Swaminarayan Mandir, Stanmore have always been beautiful, but the sunny day and elevated vantage point of the huge function hall made the day seem brighter, the flowers more vivid, the trees greener, well you get my picture. And speaking of pictures, the glass wall at the far end of the hall was a big hit with people wanting tons of pictures dressed in their finery!



Food is always an important part of any Indian gathering and it is the MOST Important part when people from Rajasthan get together. I am convinced that we were all cooks or food tasters in our past lives!

We can eat, talk about food while eating, swap recipes, insist we will diet starting tomorrow, analyse every food item eaten, and gossip, all at the same time. That takes serious skill and I am very happy to report that everyone gathered at the event did full justice to the food. The highlights, of course, were the rich thandai and the richer mithai.

After food we all want entertainment and this year's TRF Holi event did not disappoint. The Tarot reader was a fun and unusual addition and people lined up happily to get a reading. the Punjabi dance troupe was incredible and gave a dhuandaar performance and got people first clapping and then popping and dancing to foot tapping beats.

Holi is as much about Holika Dahan and the triumph of good over evil as it is about Krishna dancing with his sakhis with gulaal filling the air with hues of pink, green and blue. And so it was with TRF HOLI 2023.

Despite the cold, people gathered in the lawns outside to play with gulaal, drink the most amazing masala chai and take gazillion pictures and videos, a lot of which made their way on to social media for days afterwards. Of course, the DJ and dhol cannot be forgotten! They valiantly played on the grounds while people were cavorting around, throwing colours in every which direction.

Holi is a festival which signifies a new beginning, and this was a wonderful introduction to spring, physically as well as emotionally. Winter passes and new buds spring into existence, and this is what Holi 2023 was all about.



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HAPPY
Diwali

Wishing you a Bright and Joyous Diwali
& a Prosperous New Year

The Saraogi Family

Rajasthani Food

Haldi Ki Sabzi Fresh Turmeric Sabzi

By Vandana Sharma



This is a typical winter dish of Rajasthan, loaded with health benefits.

Ingredients

Raw fresh turmeric: 200 grams

Garlic cloves: 2 florets

Finely chopped ginger: 2 tsp

Pure ghee: 3-4 T-spoons or more

Yoghurt: 100 gm

Red chilli powder, coriander powder, salt, garam masala according to your taste

Peas: 100 to 150 gm

Cashews: Hand full

Raisins: 2 T-spoons

Instructions

First of all wash fresh Haldi peel n cut into small pieces or grate them

Heat 2 T-sp ghee in a wok sauté ginger, garlic, fry turmeric in that and stir until it releases the fat. Take this turmeric mix in a separate pot.

Using same wok heat 1 T-spoon ghee add cumin seeds n add yoghurt mixed with all other spices except salt. Keep stirring on a low heat until cooked , releases the fat. Make sure it doesn't curdle.

Add peas n fry them for a couple of minutes then add the Turmeric mix in the wok. Add salt, cashew nuts, raisins n serve hot with missi roti or Jowar roti.

Hope you enjoy the recipe.



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SCAN ME

Wishing our TRF family
a very Happy Diwali

Abhishek, Dipika & Smiti Khaitan



About TRF and it's Vision

BY THE RAJASTHANI FOUNDATION

Structure:

The Rajasthani Foundation (TRF) is registered with Charity Commission of England and Wales and listed as company by guarantee without share capital at Companies House England and Wales.

Objectives:

- Relief of poverty, hardship and distress among members of Rajasthani Community.
- To educate and promote the Rajasthani culture within UK, including its history, language, literature, art, music and dance forms.
- Financial assistance to schools or educational establishment in Rajasthan which are in need of essential educational supplies or facilities.

Vision:

TRF aims to be a premier and prestigious organisation with a strong brand equity to be led by a team of diligent, selfless and enterprising volunteers who will nurture the objective of TRF's ambitious vision and take it to further heights.

In addition it aims to support various communities in UK from various regions of Rajasthan and integrate them to support and promote Rajasthani art, music, culture, history and language.

To foster charity within the Rajasthani community and help raise funds and assist indigent schools, educational establishments and contribute to society.

Achievements

Community:

- Since 2015, TRF has increased its foothold in UK, which reflects in the growth of its membership. It has thousand plus members, and still growing.
- TRF organises annual events of Holi, Diwali and now cricket has been reinstated. All these events are community centric and the youth are at the heart of them all.
- TRF would also like to revive the Youth Talk which was started in 2017 and stopped during the pandemic. Efforts are being made to let this be led by the youth themselves so we get future TRF leaders.

Culture:

- Like a previous one in 2016 a cultural / "take me back home" trip is in pipeline for the youth in 2024. Again the agenda would be driven by our young members.

Charity:

- Charity is one of the four pillars of TRF and since it's inception it has upheld it. Our board members and volunteers work tirelessly at zero administrative costs.
- TRF has supported Navjyoti Manovikas Kendra (NMK), Jodhpur with funds to construct new buildings, improve its infrastructure and facilities. It has installed solar panels and lift to aide children of special needs to move around freely in the building. NMK is a specialist education centre catering to the needs of children and young adults with mental, physical, and behavioural needs.

- TRF has also supported Sona Manovikas Kendra in Bhilwara on similar lines with building of new hall for children with special needs. This organisation also does teacher training in this specialised field. Solar panels were also fitted here to help with the electricity costs and smooth running of the school facilities. TRF has also funded a school bus to help transport children from neighbouring villages and remote areas. So children with special needs in these parts don't miss out on educational and vocational facilities offered to them to become independent.
- TRF supported Jagriti, a charity based out of Jaipur to rebuild a derelict and abandoned school in slum area of the city to provide education for the local children.
- TRF had organised 'nearly used' clothes collection in UK headed by our youth for distribution to needy children. During the pandemic TRF had provided hand held tablets to old age homes in London and surrounding areas, so the senior residents could stay connected with their family they couldn't meet.
- In conjunction with a doctors charity TRF had sent oxygen concentrators and ventilators to hospitals in India during the second wave when there was a shortage of these equipments. Dry food was collected and supplied to food banks for NHS staff.
- TRF identified Young Indians (YI) which is a not-for-profit organisation and run charitable causes all over India. Funds were raised to buy a ambulance (Farishtey) and presented to YI to service the needy.
- Team TRF is always looking for opportunities to support causes and charities in Rajasthan. This year we have partnered with Yuva to help renovate, and build toilets and classroom facilities to a selected few schools.
- We invite our members to help us service this principle of TRF by suggesting us new causes and charities.

Dreams, Reality and Time

By Yuvraj Tibrewal, Age 14

Thank you all for reading with me today to explore the intricate complexities of dreams, reality and time – three elements that define our very existence. In the grand canvas of life, dreams are the vibrant hues that colour our aspirations, reality is the picture frame upon which we paint our experiences and time is the brush that shapes our journey.

Dreams. A word that has no real definition. Some say that it is what we see in our sleep; others say it is something that does not let us sleep. I say it is the whispering voices in our hearts that inspire us to go above and beyond to reach our ambitions, touch the stars and let us be free. Achievements sprout from the seeds of dreams; it is the fuel that ignites our passion and the compass that guides us towards our true potential. We all have a dream, some of us just don't know what it is yet. They transcend the limitations of the present and allow us to envision our future brimming with possibilities. Moreover, dreams are not confined by the boundaries of realism.



Reality. As the mad titan Thanos himself once said in the movie Infinity War: "Reality is often disappointing". I find this to be true. Let's delve into the intricate tapestries of reality, a concept both tangible and elusive, a mirror reflecting the truth of our existence. Reality is not merely what we see or touch; it is the heartbeat of our experiences, the crucible where dreams meet the challenges of our existence. And, while dreams fuel our imagination, it is reality that pushes the boundaries of our capabilities and demands our resilience, patience and determination in the face of adversity. In the realm of reality, our aspirations are not just figments of our imagination; they are blueprints waiting to be realized, ideas waiting to be manifested, and potential waiting to be unleashed. But what keeps reality ticking? The clock? The watch?

Time. A silent yet omnipotent force that weaves the intricate thread coiling dreams and reality together. A relentless river, flowing carelessly waiting for nobody, carrying us from the shores of the past to the societal oceans of the future. It is also just a little knock on the head, a little reminder, that our days are finite. Every moment we spend is a precious gift, a chance to shape our dreams into realities, to learn, to grow, to make a difference. Time sews the tapestry of our existence and shapes the contours of our experiences. In this fast-paced world, where seconds can turn into minutes and minutes into hours, we shouldn't merely be spectators in this theatre of time. We should be active participants, architects of our own destiny. Value the time we have, and not be in a rush to an uncertain future, but to enjoy the present moment.

I often describe my childhood as a realisation for the fact that we all only have one life. My message to you all is: to enjoy your life in the present moment, not to take your time on this Earth for granted, and to chase your dreams. Always.

Poem

By Ambika Kucheria

If you can,
Be the blaze
That ignites the firework
And lights up a million skies.

But if not,
Then be a devoted church candle
Offering faith to those in pain.

A fostering fire in a hut
Warming up the day's hard-earned meal.

A gentle street lamp
Guiding lost lovers home.

A watchful torch in the dark forest,
A joyous sparkler in a child's hand.

Be the light for someone, somewhere
In whatever small way, be the way.

मंज़लि

By Medha Sharma Tyagi

सागर में उठने वाली, हर लहर मज़ा है,
क्यूकी नौका के मांझी पे भरोसा इतना है,
वक़्त की बेवफ़ाई की कसि परवाह है,
बस तेरे बदलने से डर लगता है ॥

ज़िन्दगी हर पल एक नया सबक लिए खड़ी है,
क्या सखाये और क्या पछताये,
कसी मोड़ पर मुड़कर खड़ा न कर देना,
की जाने तुम्हारे साथ के लिए क्या छोड़ आये ॥

हवाओं का रुख बदलते देर नहीं लगती,
वक़्त की तस्वीर भी रंग बदल लेती है,
फुहार ही कब तूफ़ान बन जाये,
आज की दुनिया में खबर ही कहाँ लगती है ॥

जसि चाहत के जोश में होश खो दए हमने,
कहीं वही मोहब्बत हमें न डुबा बैठे,
कजिब मंज़लि करीब होने का एहसास हो,
तो रास्ते का फासला ही न भुला बैठे ॥



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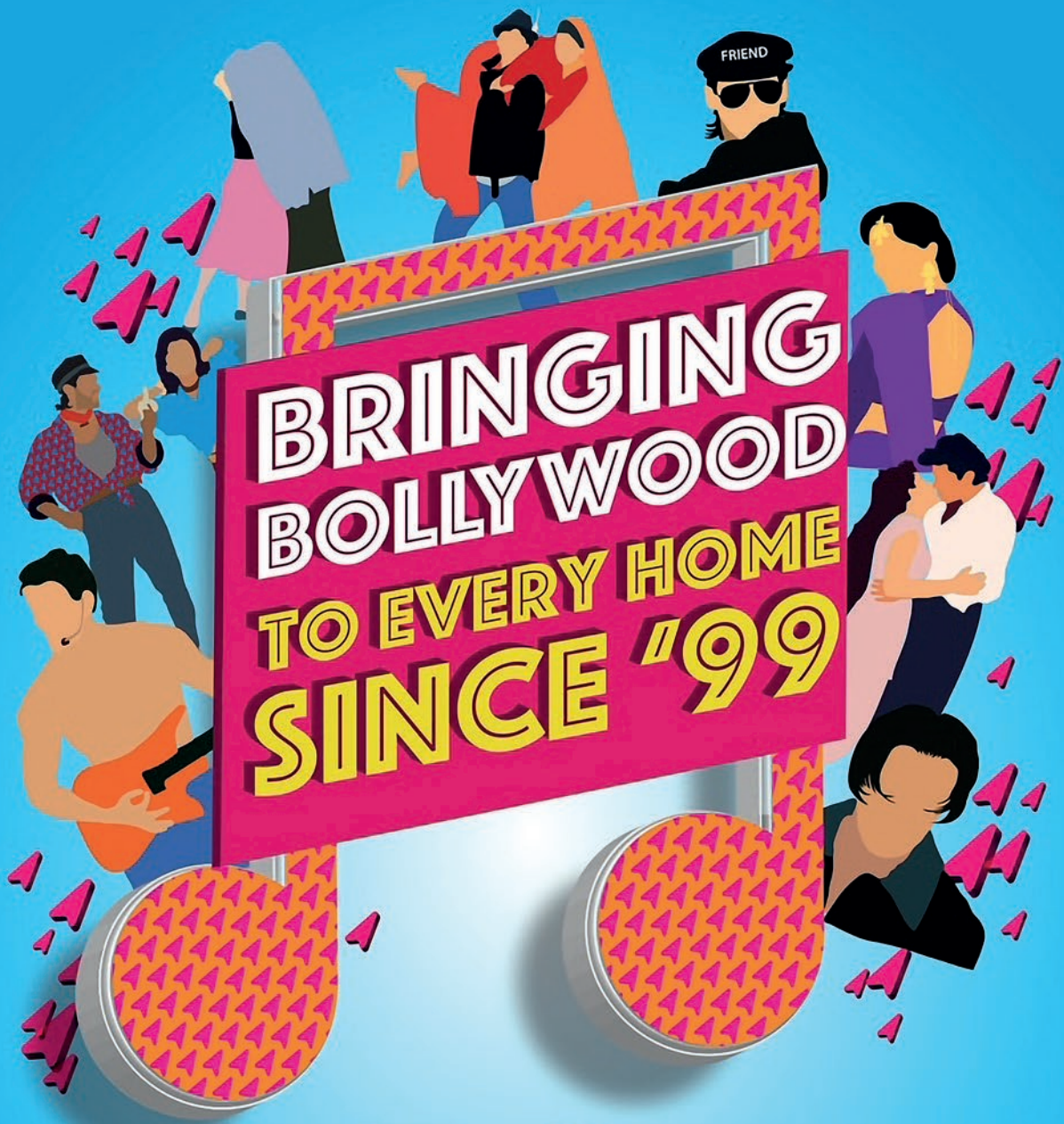
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and guests*

*from
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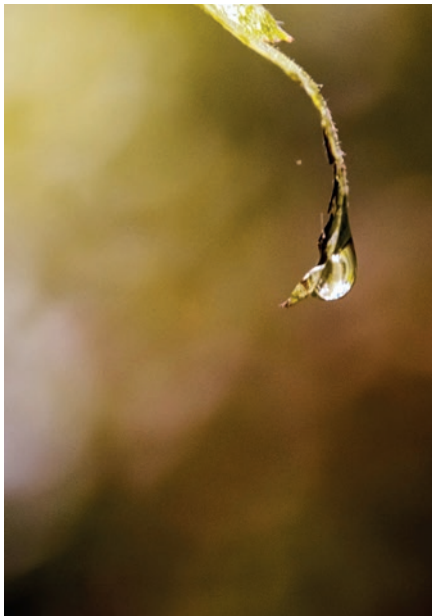
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Photography

By Rudra Tyagi – 14 Year old



Photography is a passion that is fuelled by my imagination. I take pictures to capture the world in ways that no one else has ever seen it, and to keep memorable moments frozen by the click of my shutter.

I always needed a way to express myself, so I first started to draw but, alas, it didn't satisfy my fantasy. Once, on a holiday to Switzerland, I saw the raw, unfiltered beauty of the world and was mesmerized by it. Since then, I have taken my camera everywhere to never miss anything interesting, as even the simplest of things can make the greatest photos.

Wishing the TRF family a very Happy Diwali

From

Team Front Row Events



Mental Capacity and Legal Implications

By Pavan Nagori

Planning for the future is an essential part of our lives, especially when we can use proper planning to protect our interests and assets. However, as individuals age or face unexpected circumstances, such as accidents or illnesses, the loss of mental capacity can significantly impact their ability to make sound decisions. In this article, we will explore the implications of losing mental capacity, particularly in relation to wills, and the importance of implementing Lasting Power of Attorney (LPA) as a solution.

Understanding Mental Capacity

Mental capacity refers to an individual's ability to make informed decisions and understand the consequences of their actions. It encompasses the cognitive and functional abilities necessary to comprehend and evaluate information. However, mental capacity can be affected by a variety of factors, including ageing, dementia, brain injuries, or other cognitive impairments:

- **Ageing:** As individuals get older, there is a natural decline in cognitive abilities. Conditions such as dementia, including Alzheimer's disease, are more prevalent among older adults and can result in a progressive loss of mental capacity.
- **Illness or Injury:** Certain illnesses, such as stroke, traumatic brain injury, brain tumours, or neurodegenerative disorders can cause sudden or gradual cognitive impairments, leading to a loss of mental capacity.
- **Mental Health Conditions:** Some mental health conditions, such as severe depression, bipolar disorder, or schizophrenia can impact an individual's cognitive functioning and capacity to make informed decisions.

It's important to note that the loss of mental capacity can vary in its severity and progression. Some individuals may experience mild cognitive impairment, while others may face significant challenges in decision-making and day-to-day functioning.

Legal systems in various jurisdictions have criteria to establish whether an individual has the requisite mental capacity to make legal decisions, such as creating or

modifying a will. These criteria generally assess an individual's understanding of relevant information, the ability to weigh options and consequences, and the ability to communicate their decisions.

Government Angle

When an individual loses mental capacity and is unable to make decisions for themselves, the government or local council may step in to provide support and make decisions on their behalf. The specific actions taken by the government or council can vary depending on the situation, but here are some common measures in place:

- **Safeguarding the Individual's Interests:** The government or council has a responsibility to protect individuals who lack mental capacity from harm, exploitation, or abuse. They may have safeguarding measures in place to investigate and address any concerns related to the individual's well-being, financial exploitation, or neglect.
- **Appointment of a Legal Representative:** In situations where an individual lacks mental capacity, the government or council may appoint a legal representative, often referred to as a deputy or guardian, to act on their behalf. The legal representative is responsible for making decisions in the person's best interests, such as managing their finances, making healthcare decisions, or determining living arrangements.
- **Public Guardianship or Public Trustee Services:** Local councils may appoint public guardianship or public trustees. These entities act as legal representatives for individuals who lack mental capacity. They ensure the person's interests are protected and decisions are made in their best interests.
- **Court Proceedings:** In some cases, if there is a dispute or if there are complex decisions to be made, the government or council may initiate court proceedings to determine the most appropriate course of action for the individual. This may involve seeking guardianship or conservatorship orders, which grant legal authority to manage the person's affairs.

Implications for Wills

A will is a legal document that outlines an individual's wishes regarding the distribution of their assets after their death. However, when someone loses mental capacity, it raises significant challenges concerning the validity of their will. If a person's mental capacity is in doubt at the time of drafting or amending their will, it can lead to potential disputes and legal complications.

- **Lack of Testamentary Capacity:** Testamentary capacity is a legal requirement for creating or modifying a will. If the person is unable to understand the nature of their estate, the beneficiaries, or the implications of their decisions, the will may be deemed invalid.
- **Undue Influence:** Losing mental capacity can make individuals more vulnerable to the influence of others. Unscrupulous individuals may try to take advantage of this situation by exerting pressure on the person to modify their will against their true intentions.
- **Intestacy:** If an individual loses mental capacity and does not have a valid will in place, their estate may be subject to the laws of intestacy. In such cases, the distribution of assets will follow a predetermined legal framework, which may not align with the person's wishes.

The Role of Lasting Power of Attorney (LPA)

To address the potential challenges associated with losing mental capacity and losing control of your finances and well-being to the state, individuals can establish a Lasting Power of Attorney (LPA) before any cognitive decline occurs. An LPA is a legal document that grants authority to a trusted person, known as an attorney, to make decisions on the person's behalf when they become mentally incapacitated.

There are two types of LPAs:

Property and Financial Affairs LPA - This grants the attorney the authority to handle financial matters, such as managing bank accounts, paying bills, or selling property. It ensures that someone trusted and knowledgeable can manage the person's assets and financial obligations effectively rather than council/state.

Health and Welfare LPA - This empowers the attorney to make decisions regarding the person's healthcare, medical treatments, living arrangements, and other personal welfare matters. It ensures that the person's preferences and best interests are considered in critical decision-making processes.

Benefits of LPA

- **Ensuring Personal Wishes:** With an LPA, individuals can specify their preferences in advance, ensuring that their wishes are respected even if they lose mental capacity. This includes decisions about medical treatments, care options, and asset management.
- **Avoiding Legal Disputes:** By appointing a trusted attorney through an LPA, the potential for disputes among family members or other interested parties is minimised, as the appointed attorney acts in accordance with the person's predetermined instructions.
- **Peace of Mind:** Having an LPA in place provides individuals with the assurance that their affairs will be managed by someone they trust, alleviating concerns about financial mismanagement or decisions that do not align with their values.

Conclusion

The loss of mental capacity can have significant implications for individuals' ability to manage their affairs and ensure their wishes are upheld. To mitigate the risks associated with losing mental capacity, it is crucial to consider implementing Lasting Power of Attorney (LPA) for both financial and healthcare decisions. By taking proactive steps to plan for the future, individuals can safeguard their interests and maintain control over their affairs even during challenging times.

PAVAN NAGORI is a senior Estate Planning & Probate Advisor. He is a member of Society of Trust and Estate Practitioners (STEP) and the Society of Will Writers (SWW).

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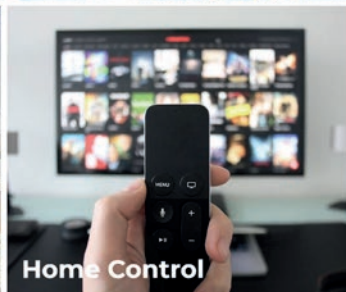
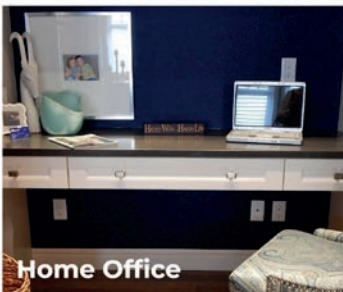
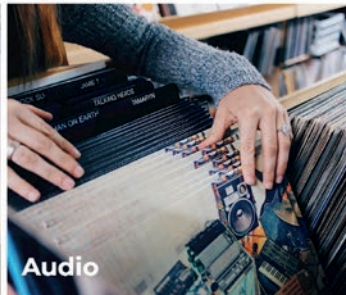
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HOWZAT! TRF CRICKET DAY

The youth are at the heart of our events, so on popular demand the TRF cricket day was revived. A friendly match was organised on 2nd July 2023 at the Paddington Recreation Grounds. It was great to see the presence of youth of all ages in both the teams.

The spectators and player's enjoyed a sumptuous picnic laid out by Team TRF. The weather god was benevolent on that day, adding to the fun of the event. Beyond the cricketing excitement, the event embodied the community spirit, and especially the youth coming together.

Both the teams mounted a spirited effort, there was no nail biting finish to the match but a fun day for all playing and spectating. This event was made free to all the youth players.





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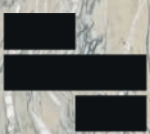
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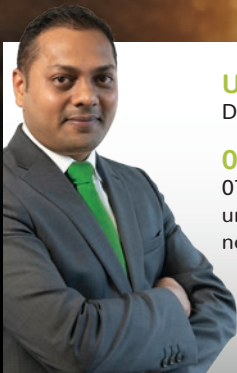
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TRF CHARITY SCHOOL UPDATE

It's not how much we give but how much love we put into giving

- Mother Teresa

We at TRF have always taken pride in associating and supporting causes that is mostly overlooked or has a stigma attached to it especially when it comes to treating with respect physically and mentally challenged children .

The vision of TRF has always been to help society in which disabled children's needs are met , aspirations supported and their basic rights respected.

From supporting special needs schools in Jodhpur and Bhilwara by constructing activity hall or by installing lifts, TRF has always extended its support to such causes.

Our ongoing project at Sona Manovikas Kendra a special school for disabled children in Bhilwara has seen an increase in the number of students requiring attention over the years ,but these disabled children and their families face daily challenges with emotional and practical side of living .

To overcome this challenge the school has started a Home Based programme where trained teachers visit the homes of these vulnerable children and teach children at their comfort and pace .

This year we would like to raise funds to support this noble cause where every special child suffering from any form of disability is able to overcome their shortcomings which are impacting their daily lives to achieving their full potential.



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FROM

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Vimlesh, Pooja, Anoushka & Veer Maru





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We aim to transform the lives of 70 million children and 20 million women across 1.4 million child-care centers in India.

This Diwali, join us on this transformative journey to brighten India's future, through the Nand Ghar movement.



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